



HEELEY CITY FARM

Activity Timetable: January – March 2017

All Groups and Activities are FREE unless stated.

ACTIVITY	DATE	TIME	VENUE	CHILD FRIENDLY?	BOOKING ON REQUIRED?
You've Got The POWER! Energy Bills Advice	Every Thursday	11:30am-3.00pm	The Energy Centre, Alexandra Road, Heeley City Farm, S2 3EE	N/A	No booking required, just turn up.
Crafternoons: Adults Craft Sessions	Every Wednesday	1.00pm-3.00pm	Community Room, Heeley City Farm, Richards Road, S2 3DT	Adults only	No booking required. Just turn up.
Health Walk (Heeley)	Every Monday	11:30pm	Heeley Green Surgery	Children welcome with parents or carers.	No booking required, just turn up at the surgery.
Food, Fun & Friendship. Social group with breakfast provided	3 rd Monday of each month. Starting on 20 th Feb 2017	10.00am-12.00pm	Terry Wright Memorial Hall. Newfield Green	Yes, with parents or carers.	No, just turn up.
Social Cooking Group	Starting soon		Venue and start date to be confirmed.	Adults only	Booking is advisable – Call 0114 3039981
Green Gym Community Growing Session at the Farm	Every Friday	10.00am – 12.00 noon	Farm Community Garden	Adults only	For more information call Saskia on 0114 2580482 or e-mail Mohan at: mohan.babu@heeleyfarm.org.uk
FTD Carers Group Be amongst like-minded people and learn about Frontotemporal Dementia	Monthly Tuesday: 14th Feb 14th Mar 11th Apr 9th May	6.30-8.30pm	Community Room, Heeley City Farm, Richards Road, S2 3DT		Booking is not required
Wild & Wooley Knitting and Craft Group. Please bring along your own craft items.	Alternate Thursdays: 2nd & 16th Feb 2nd, 16th & 30th Mar	6.00-9.00pm	Community Room, Heeley City Farm, Richards Road, S2 3DT	Adults only	For more information contact Ali on 0114 2580482

Repair Café. Bring along your broken household items and learn how to repair them	Saturday: 25th Mar 27th May 29th July	10 – 4pm	Community Room, Heeley City Farm, Richards Road, S2 3DT.	For more information contact Gordon: sheffieldrepaircafe@gmail.com. Or call Ali on 0114 2580482
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For more information regarding our health and wellbeing programme, contact Dawn (Health Projects Coordinator).

Tel: 0114 3039981 or email dawn.young@heeleyfarm.org.uk

Age Better 50+ project offers ongoing volunteer support to reduce isolation and loneliness. For more information contact Mohan at mohan.babu@heeleyfarm.org.uk

S.Y.E.C. Warm & Well offers ongoing advice and support to people struggling to pay their energy bills and keep their house warm. For more information contact Sharon on: 0114 3039981 ext. 3 or email sharon.smith@heeleyfarm.org.uk or call Shelly on: 0114 3039981 ext. 2 or email shelly.syec@heeleyfarm.org.uk